

# MAY IS MENTAL HEALTH AWARENESS MONTH

## "Walk A Mile In My Shoes"



In recognition of **May as Mental Health Awareness Month**, Community Mental Health for Central Michigan will once again organize the **2<sup>nd</sup>** annual "**Walk a Mile in My Shoes**" Rally right here in **Mt. Pleasant**. The rally is held to send a strong, clear, and consistent message to our community...

## That Mental Health Matters

The Rally is scheduled for Friday, **May 16, 2008** at **10 a.m.**

**West Shore Pavilion, Island Park**

**Mt. Pleasant, MI**

**The walk will start and end at Island Park**

We are looking for any one who is interested in volunteering to participate in planning and coordinating this event.

Should you have questions and you are interested in being a participant, volunteer, or make a donation to help cover expenses please call Christina Pontious, Kathleen Rathbun, or Karen Bressette at 989.772.5938.

